

Anne Gollert Hill

A story of leaving, reclaiming identity, and finding joy on your own terms.

FORTHCOMING MEMOIR

Escape to Joy

Reclaiming Identity, Strength, and Self After Scientology's Coercive Control

For press, podcast, speaking, and interview requests, contact Anne directly.

anne@annegollerthill.com [CONTACT PAGE ↗](#)

[VISIT THE OFFICIAL WEBSITE ↗](#)



ESCAPE TO JOY

A memoir of survival, selfhood, and the life that follows escape.



The story, in her own words.

SHORT BIO

Anne Gollert Hill is an author, speaker, and Scientology survivor. After almost two decades inside the organization, including its Sea Org and international management, she escaped in August 2007 and rebuilt her life.

EXTENDED BIO

Anne Gollert Hill is an author, speaker, and Scientology survivor who spent almost two decades inside the organization. Her search for answers eventually led her to the Sea Org and international management, where she worked in proximity to David Miscavige. In August 2007, she escaped with the clothes on her back and a few belongings in her purse.

Leaving was only the beginning. Anne went on to rebuild her life, reclaim her identity, and learn to trust herself again. Today, she writes and speaks about coercive control, life after high-control groups, and the possibility of creating a fulfilling life on your own terms.

CURRENT WORK

Her forthcoming memoir is *Escape to Joy: Reclaiming Identity, Strength, and Self After Scientology's Coercive Control*.

AT A GLANCE

20 years

inside Scientology

2007

escaped and began again

Sea Org

and international
management

Today

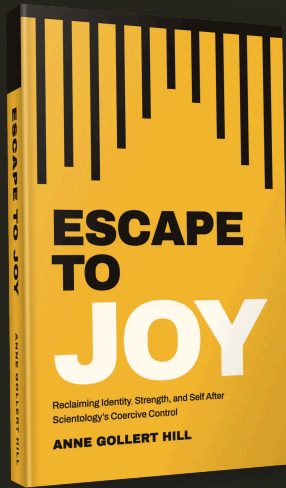
author, speaker, survivor

[READ ABOUT ANNE ↗](#)

[PRESS & BOOKINGS ↗](#)

Editorial framing

Anne's work makes room for nuanced conversations about coercive control, recovery, personal agency, and the possibility of joy after survival.



Escape to Joy

Reclaiming Identity, Strength, and Self After Scientology's Coercive Control

Escape to Joy is Anne Gollert Hill's memoir of surviving Scientology's coercive control and rebuilding a life of her own. From its international management ranks to her escape in 2007, Anne recounts her personal experiences inside the organization and the hard-won work of reclaiming her identity, strength, and self. At its heart is a story not only of leaving, but of learning to live again—and discovering that joy is not something you have to earn.

[COERCIVE CONTROL](#)[RECLAIMING SELF](#)[LIFE AFTER LEAVING](#)[VISIT THE BOOK PAGE ↗](#)

INTERVIEW TOPICS

Conversations Anne can speak to

01

The Sea Org, international management, and life within systems that constrain choice.

02

How control can shape a person's sense of self, belonging, and possibility.

03

Escape, uncertainty, and the first steps toward a self-directed life.

04

Learning to trust one's own perceptions after life in a high-control group.

05

Why joy is not a reward to earn, but a life to reclaim.

06

What it means to tell a personal story with care, clarity, and hope.

In conversation.

Seven verified public interviews currently linked from Anne's media materials and official website.

01 **THE JENNY MCCARTHY WAHLBERG SHOW** OCTOBER 15, 2026
She Escaped Scientology + What Got WEIRD at Tom & Katie's Wedding
Anne's years in the Sea Org, Scientology's celebrity world, and her journey out.
[OPEN INTERVIEW ↗](#)

02 **GET OBSESSED** JUNE 2, 2026
Inside the Cult of Scientology with Anne Gollert Hill · Part 1
Her search for purpose, international management, and life inside the Sea Org.
[OPEN INTERVIEW ↗](#)

03 **UNFILTERED STORIES** SEPTEMBER 19, 2026
She Joined Scientology—Then They Took Everything
A firsthand conversation about entering Scientology, leaving, and rebuilding.
[OPEN INTERVIEW ↗](#)

04 **BLOWN FOR GOOD**
When Hope Becomes a Trap · Anne Gollert Hill
Anne's story on Scientology Stories, linked from her official website.
[OPEN INTERVIEW ↗](#)

05 **SHOT AT LOVE**
Escaping Scientology: A Story of Survival & Starting Over
An interview linked from Anne's official website.
[OPEN INTERVIEW ↗](#)

06 **WHERE WE MEET**
A conversation with Anne Gollert Hill
An interview linked from Anne's official website.
[OPEN INTERVIEW ↗](#)

07 **MAKES SENSE**
A conversation with Anne Gollert Hill
An interview linked from Anne's official website.
[OPEN INTERVIEW ↗](#)

BOOKING AN INTERVIEW

For podcast, press, and speaking inquiries, reach Anne directly.

[CONTACT ANNE ↗](#)

Recent coverage.

Two distinct original articles are included here; repeated syndications have been removed.

PARADE · OCTOBER 16, 2026

Ex-Scientologist Reveals Dramatic Family Rescue After 20 Years Inside

Coverage of Anne's escape and her family's support, drawing on her interview with Jenny McCarthy.

[READ PARADE ↗](#)

PEOPLE · OCTOBER 17, 2026

Jenny McCarthy Details Her 'Uncomfortable' Experience as a Guest at Tom Cruise and Katie Holmes' 2006 Wedding

Coverage of Jenny McCarthy's wedding recollections during her conversation with Anne. The article focuses on McCarthy and identifies Anne as the interview guest.

[READ PEOPLE ↗](#)

MEDIA NOTE

Coverage provides context; Anne's story remains best told in her own words.

NEWS DISCOVERY

A current news search is provided as a discovery resource only. It is not an appearance, outlet, or endorsement.

[SEARCH CURRENT COVERAGE ↗](#)

For an interview request, press inquiry, or speaking booking, use Anne's official contact page or verified email on the final page.

EDITORIAL QUICK READ

A survivor's account of coercive control—and the difficult, hopeful work of becoming fully oneself again.

Connect & read.

Official channels, social platforms, selected essays, and direct media contact—each link is active in this digital PDF.

OFFICIAL

Anne’s website

Author, speaker & survivor

The book

Escape to Joy · original book-news link

About Anne

Her story, in her own words

Press & bookings

Podcast, press & speaking inquiries

Email Anne

anne@annegollerthill.com

Essays & writing

Leaving, healing & reclaiming joy

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Anne’s video channel

My Scientology Story

Anne’s earlier writing · archive

SELECTED ESSAYS

Essays on leaving, healing, community, and freedom.

You win: I have a new book title.

OCTOBER 8, 2026

READ ↗

The Book Intro I’m No Longer Using

JULY 29, 2026

READ ↗

What REAL Community Is

JULY 15, 2026

READ ↗

What Freedom Actually Feels Like

JULY 14, 2026

READ ↗

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Press, podcast & speaking inquiries

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